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# **Anastasia (The Ringing Cedars Series, Book 1)**



## Synopsis

"Anastasia", the first book of the Ringing Cedars Series, tells the story of entrepreneur Vladimir Megre's trade trip to the Siberian taiga in 1995, where he witnessed incredible spiritual phenomena connected with sacred 'ringing cedar' trees. He spent three days with a woman named Anastasia who shared with him her unique outlook on subjects as diverse as gardening, child-rearing, healing, Nature, sexuality, religion and more. This wilderness experience transformed Vladimir so deeply that he abandoned his commercial plans and, penniless, went to Moscow to fulfil Anastasia's request and write a book about the spiritual insights she so generously shared with him. True to her promise this life-changing book, once written, has become an international best-seller and has touched hearts of millions of people world-wide.

## Book Information

Series: Ringing Cedars Series (Book 1)

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## Customer Reviews

There are many negative reviews on this book, because the author is extremely off-putting and downright sexist most of the time (I guess he doesn't know we all start out as female) but he does evolve through the series, to the point you don't mind him and he releases a lot of those old-school patriarchy patterns. So keep reading, the info is so worth it, and the author mellows even into book 2. This is one of those books (really you need most of the series) that has the potential to totally change your life. I have read many, many spiritual books and this series does the best job of summarizing our natural state...how we should be. This is very powerful information and like all

powerful information, it will stir people to their core--that's why some love it and some hate it. Furthermore, the divided opinion serves the beliefs of all involved...when people read these reviews, and decide to read, or not read, this book/series, they are choosing which reviews (or parts of themselves) to give weight to. Remember, there must be different opinions and questioning, for free will to be maintained. Ultimately, this is one of the top five books I recommend to people over and over again when they want to transform their lives and get healthy and/or are interested in spirituality. (The others being *The Dark Side of the Light Chasers*, by Debbie Ford; *The Dark Side of the Light Chasers: Reclaiming Your Power, Creativity, Brilliance, and Dreams*; *The Continuum Concept*; *The Continuum Concept: In Search Of Happiness Lost* (Classics in Human Development); *The Artist's Way*; *The Artist's Way: A Spiritual Path to Higher Creativity*, by Julia Cameron; and *Atheist to Enlightened in 90 Days*, by Katie Player.

There is something about this book that is quite special. And at the same time, it's hard to know if it's a fictional book or a true life journey. Megre doesn't write very well, but what is written has depth. And some of what he writes, I have never seen written before. Therefore, it's worth reading. This may not seem like a good review of this book, mostly because the things that we as a society say are important about a book, like great story, well written, etc., this book doesn't have. But it has something else. And you can only know by reading it. It inspired me in surprising ways.

A religious book of sorts. I'm an atheist so what kept me reading was that it is by a Russian writer and takes place on the taiga in Russia. I guess it's supposed to be true but I think it makes a good story. Very unusual, especially for a male writer. The writer is telling the story about meeting this very unusual free-spirited female living without a house or any possessions except a very few clothes. The taiga is the world's largest forest both coniferous and boreal. It is very cold there with lots of snow. How does she survive there? Anastasia has magically summoned the author to her and is priming him to write this book, which will change the people in the world, as best I can describe it, to free-spirited open air-people like her. The earth and its peoples will go back to living in harmony. Something like that. Hard to explain briefly. She seems to me to be sort of a female Jesus Christ.....as if we need another such fantasy. I enjoyed it. It is a series and I may buy the next one.

This book and the many books that follow in the series are simply amazing and captivating. There were many times I was incredulous about certain ideas, situations or actions but I kept reading and

didn't let it distract me from further plowing through all these great books. Many of the incredulous aspects became understandable later on from reading further and from contemplation on my own.

A great way to get into the whole Ringing Cedars idea. Anastasia could be a life changer, as it has been for me. The whole concept of a Vedic recluse living completely connected to the universal mind, even protected and enhanced by it, is just a supper mind tingling event, at least for me. A must read for anyone that believes Man is a whole lot more than we are living nowadays. Anastasia gives me a chance to hope, and start to realize our potentials , so long ago lost. A great book.

Very disappointing for my tastes. Expected something with a bit more substance, maturity, and quality. Reads like a knock off from some other writer's experiences.

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